Report for bioequivalence study of Fexofenadine HCI 180 mg tablets (fasting)

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PROJECT NO.: BE_090_04

STUDY REPORT

TITLE: Open label, balanced, randomized, two-treatment, two-sequence, four-period (replicate design), single-dose, crossover bioequivalence study of fexofenadine hydrochloride 180 mg tablets, Cipla Limited, India and Telfast® 180 mg tablets, Aventis Pharma Ltd, UK in healthy, adult, male, human subjects under fasting condition.

Test Product: Fexofenadine hydrochloride 180 mg tablets, Cipia Limited, India. Reference Product: Telfasi® 180 mg tablets, Aventis Pharma Ltd, UK.

Sponsor: Cipla Limited, Mumbal, India.	
Authorised Signatory for Sponsor:	Sponsor's Medical Officer
Dr S M Purandare Head, Regulatory Affairs Cipla Limited Belasis Road; Opposite Hotel Sahil Mumbai Central Mumbai 400008. Phone No.: +91-22-23082891; 23095521 Fax No.: +91-22-23002213; 23020297	Dr. Jaldeep Gogtay Cipla Limited Belasis Road; Opposite Hotel Sahil Mumbai Central Mumbai 400008. Phone No.: +91-22- 23082891; 23095521 Fax No.: +91-22-23002213; 23020297

Study initiation date (check-in for period 01):

06 Jan 2005

Study completion date (last sample for period 04):

03 Feb 2005

Phase of development: Bioequivalence study

INVESTIGATORS' DECLARATION

We, the undersigned, have read and understood this report and hereby assure that the study was conducted in accordance with the approved protocol and in compliance with all the requirements regarding the obligations of investigators and all other pertinent requirements of the ICH (Step 5) 'Guidance on Good Clinical Practice'. We further undertake that all the essential documents pertaining to this study will be archived for a period of 15

	Principal Investigation			
Principal Investigator Name * Dr. Padmavathi Vutukuru		Project Director	Management's Representative Dr. Vinay P Shedbalkar	
Sign	After	KZ S-S-N	()	
Date	25 Jul 2005	25 Jul 2005	25 Jul 2005	

Version No.: 05 Date: 25 Jul 2005

Supersedes Version No.: 04

Date: 02 Jun 2005

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xX 5: Date: 25 Jul 2005

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2.0 SYNOPSIS

Title of the study	Open label, balanced, randomized, two-treatment, two-sequence, four-period
	(replicate design), single-dose, crossover bioequivalence study of fexofenadine
	hydrochloride 180 mg tablets, Cipla Limited, India and Telfast® 180 mg tablets,
	Aventis Pharma Ltd, UK in healthy, adult, male, human subjects under fasting
	condition.
Investigators	Principal Investigator:
-	Dr. Padmavathi Vutukuru, MBBS, MD (Pharmacology)
	Clinical Pharmacologist
Study Center(s)	Clinical, Analytical, Pharmacokinetic & Statistical Facility
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	Phone No.: +91-40- 5563 3929/ 30/ 31/ 32
Study Period	Study initiation date (check-in for period 01): 06 Jan 2005
	Study completion date (last sample for period 04): 03 Feb 2005
	Phase of development: Bioequivalence study
Objectives	The objective of the study was to compare the single-dose oral bioavailability of
	fexofenadine hydrochloride 180 mg tablets, Cipla Limited, India and Telfast® 180
	mg tablets, Aventis Pharma Ltd, UK in healthy, adult, male, human subjects under
	fasting condition.
Methodology	Open label, balanced, randomized, two-treatment, two-sequence, four-period
0 ,	(replicate design), single-dose crossover comparative bioavailability study in
	healthy, adult, male, human subjects under fasting condition.
Number of Subjects	A total of 40 subjects (including 04 Standbys) were to be enrolled in the study as per
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	the IEC approved protocol. Only 37 entered the study in the first period out of which
	35 completed all the periods and were included in the final analysis.
Main inclusion criteria	Male subjects aged between 18 and 45 years (including both).
	Subjects' weight within ± 15% of the ideal height-weight chart of Life Insurance
	Corporation of India for non-medical cases.
	Subjects with normal health as determined by personal medical history, clinical
	examination, and laboratory examinations and serology tests.
Main exclusion criteria	Subjects having contraindications or hypersensitivity to fexofenadine or related
	group of drugs.
	History or presence of any medical condition or disease according to the
	opinion of the physician
	Major illness during 3 months before screening
	Difficulty in swallowing solids like tablets or capsules
Importantional Products	Districtly its strain will ground into tablets of capsolios
Investigational Products	
Reference	Telepas 100 martablet
Product	Telfast® 180 mg tablet
Manufactured By Batch No.	Aventis Pharma Ltd, UK
	024673

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Expiry Date	Feb 2007					
Method of Administration	As per randomization schedule one tablet of Telfast® 180 mg was administered with 240 mL of water at ambient temperature in each period. Subjects were instructed not to chew or crush the tablet but to consume as a whole.					
7	not to chew o	or crush the tabl	et but to consu	me as a whole.		
Test	1 =		400 4-1-1-4			
Product		e hydrochloride	180 mg tablet			
Manufactured By	Cipla Limited	I, India				
Batch No.	K40989					
Expiry Date Method of Administration	Oct 2006 As per randomization schedule one tablet of fexofenadine hydrochloride 180 mg was administered with 240 mL of water at ambient temperature in each period. Subjects were instructed not to chew or crush the tablet but to consume as a whole.					
Criteria for Evaluation:	:					
Pharmacokinetic Parameters	Peak plasma concentration (C_{max}), time to achieve peak plasma concentration (T_{max}), area under the plasma concentration vs. time curve till last measured time point (AUC _{0-ln}), area under the plasma concentration vs. time curve extrapolated to infinity (AUC _{0-ln}), plasma elimination half-life (t_{xz}) and elimination rate constant (K_{el}) were calculated for fexofenadine. The acceptance range for bioequivalence is 80-125% for the 90% confidence intervals for the difference of means of tog-transformed C_{max} , AUC _{0-t} and AUC _{0-inf}					
Safety	Subjects were monitored for their well-being by recording vital signs and clinical examination at regular intervals. Adverse events if any were recorded and handled appropriately. Post study safety evaluation was carried out for hematology and blochemistry after completion of study.					
Statistical Methods	ANOVA, two one-sided tests for bioequivalence (90% Confidence Intervals) for log-transformed C _{max} , AUC ₀₋₁ and AUC _{0-int} for test and reference formulations. Ratio analysis of log-transformed C _{max} , AUC ₀₋₁ and AUC _{0-int} were done.					
Summary Conclusions:	1		THEORY	•		
PK Results	The results of Log- transformed PK Parameters are tabulated below.					
****		PK		og-transformed	1	
		Parameters	Ratio% T/R	90% Confidence Interval		
		C _{max}	96.6	86.90-107.46	1	
		AUC _{0-t}	97.9	87.34-109.81	1	
		AUC _{0-inf}	98.9	88.75-110.15	{	
	The confidence intervals of C_{max} , AUC_{0-i} and AUC_{0-int} are within the bioequivalence acceptance limits of 80-125%.					
Safety Results	In this study fexofenadine seemed to be well tolerated upon single-dose administration to healthy, adult, male human subjects. 3 subjects complained of 5 mild adverse events and all were resolved satisfactorily. There was no clinically significant change in the post study evaluation (hematology & biochemistry).					
Conclusion	Based on the above results the Test formulation i.e., fexofenadine hydrochloride 180 mg tablets produced by Cipla Limited, India is bioequivalent to Reference formulation i.e., Telfast® 180 mg tablets produced by Aventis Pharma Ltd, UK in healthy, adult, male, human subjects under fasting condition.					

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